

## Child Inclusive Mediation



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## Child Inclusive Mediation

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## Foot Tayler Family Mediation

Assisting families to find  
solutions through mediation

### Child Inclusive Mediation

#### Useful websites

<http://kidsinthemiddle.org.uk>

<https://www.cafcass.gov.uk>

[www.voicesinthemiddle.com](http://www.voicesinthemiddle.com)

<https://www.familymediationcouncil.org.uk>

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# Child Inclusive Mediation –

## How it works..

When parents separate sometimes you don't understand why:

- You feel worried about the future;
- No one talks to you or tells you what you want to know;
- No one listens to you;
- Sometimes you don't see one or even both parents enough;
- No one answers your questions;
- Everything is changing;
- Parents are sometimes upset;
- You feel that you sometimes have to take sides.

Your parents will have been coming to mediation to discuss their separation and to try and sort out arrangements for your family. They are interested in hearing how things are for you. Perhaps you would like to see the mediator to talk about your wishes and feelings.

A meeting can be arranged for you, if you agree!

Ask your adult about it; they will need to agree to the meeting.

Sometimes you just want someone to listen to you - this is your opportunity to talk to someone neutral in confidence about how things are for you and how you are feeling.

You might want your parents to know what you think and how you are feeling but you might not - and that's ok!

The only time the mediator may have to talk to someone else about what you've said is if you say something that makes them feel that you or someone close to you are unsafe or at risk of harm, then they will have to pass on their concern to **ensure that you stay safe.**

You decide with the mediator what she will say to your parents and what, **if anything**, you want the mediator to tell them.

**It is your parents who will still make the decisions.**



Children like to be informed and they appreciate having their views and opinions heard. Giving children the opportunity to be more clearly heard in decisions about their future is important.

Although it is parents who still make the decisions, hearing how things are for their children and taking into account their wishes and feelings, can often help parents to reach solutions.

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